



North Carolina Essential Standards Guidance

Note on Numbering/Strands: S1: Socio-Emotional (SE); S2: Cognitive (C) and S3: Career (CR)

READINESS/EXPLORATORY/DISCOVERY (RED)

Socio-Emotional (SE)

	Essential Standard	Clarifying Objectives	
RED.SE.1	Understand the meaning and importance of personal responsibility and self-awareness.	RED.SE.1.1	Understand the importance of self-control and responsibility.
		RED.SE.1.2	Identify ways of controlling behaviors associated with emotional states, feelings, and moods.
		RED.SE.1.3	Contrast rights and responsibilities.
RED.SE.2	Understand the relationship between self and others in the broader world.	RED.SE.2.1	Identify ways of making and keeping friends.
		RED.SE.2.2	Understand how to support positive relationship building (e.g., managing impulsivity, adaptability, and flexibility).
RED.SE.3	Use communication strategies effectively for a variety of purposes and audiences.	RED.SE.3.1	Use oral and written communication skills to share information with others.
		RED.SE.3.2	Use non-verbal communication skills to share information with others.

Cognitive (C)

	Essential Standard	Clarifying Objectives	
RED.C.1	Use creative strategies to make decisions and solve problems.	RED.C.1.1	Identify problems that you have encountered or are likely to encounter.
		RED.C.1.2	Identify creative strategies and non-creative strategies to make decisions and to solve problems.
RED.C.2	Use analytical strategies to better understand situations and make appropriate decisions.	RED.C.2.1	Identify situations from your daily life in terms of problems and solution strategies.
		RED.C.2.2	Recognize situations in which peer pressure influences decisions.

Career (CR)

	Essential Standard	Clarifying Objectives	
RED.CR.1	Understand the meaning and importance of career self-awareness and career goals.	RED.CR.1.1	Describe traditional and nontraditional career choices and the ways they might relate to your chosen career goals.
		RED. CR.1.2	Use the internet to access career-planning information.
		RED. CR.1.3	Explore awareness of personal abilities, skills, and interests.
RED.CR.2	Understand the relationship among career goals and interests, personal interests, aptitudes, and abilities.	RED. CR.2.1	Explore the activities performed and skills used in various occupations.

North Carolina Essential Standards
Readiness/Exploratory/Discovery Proficiency Level

	Essential Standard	Clarifying Objectives	
RED.CR.3	Understand the relationship among personal and academic decisions, career expectations, and future life decisions.	RED.CR.3.1	Recognize how the use of conflict management skills with peers and adults can affect future life success.
		RED.CR.3.2	Recognize that a positive attitude toward work and learning affects future life success.
		RED.CR.3.3	Summarize how interests, abilities, and achievement are related to achieving personal, social, educational, and career goals.
RED.CR.4	Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.	RED.CR.4.1	Recognize how to interact and work cooperatively in teams and groups.